

# Values

Working in the Health and Social Care sector is a very rewarding career and there are lots of different jobs you can do and organisations you can work for. To make progress along your career path you will need to learn different things and take qualifications, but you need more than knowledge and skills – you also need the right attitudes and values.

All employers will be interested in your values when they recruit you to a new role and ask you questions about this. When you are being recruited into a new job or applying for promotion your employer wants to know that based on your values you understand what high quality care and support looks like. This is the most important thing you need to get started and make progress with your career.

You will find that the following values are common to the whole sector and embedded into everything care staff do and can be used by everyone, whatever your role, wherever you work:

## **Health Care Values:**

- Care
- Compassion
- Competence
- Communication
- Commitment
- Courage

## **Social Care Values:**

- Maintaining dignity and respect
- Working with others
- Willing to learn
- Committed to good care

- Good listener

**Others you may find on employers websites include:**

- Honesty
- Accountability
- Respect
- Helpfulness
- Kindness
- Nurture
- Inspire

You can learn more about the hundreds of different caring jobs and the importance of these values in your work here:

[Step into the NHS](#) and [A Question of Care](#)