

Transferrable Skills

Health and Social Care Careers

Transferable skills are a core set of skills and abilities, which can be applied to a wide range of different jobs. They're usually picked up over time, and can be gained from previous roles, charity or voluntary work, your hobbies, or even just at home.

Interpersonal Skills Include:

Communication Skills

- caring and friendly attitude
- listening skills
- customer service skills
- verbal and written communication skills

Team working

- work together with others

Leadership Skills

- the ability to motivate and direct others decision making

Interpersonal Skills are important in most job roles. These skills are also known as people skills and they are used everyday to communicate and interact with others.

Self Management Skills include:

Time Management Skills

- setting priorities, working to a deadline

Organisational Skills

- being able to work under your own initiative attention to detail planning

Motivation and enthusiasm

- take the opportunity to learn new skills where possible

Self-Management Skills are necessary in most job roles. These skills demonstrate your ability to be effective in any suitable role.

IT Skills include:

- Word Processing Skills
- Using Databases
- Using Spreadsheets
- Web Design Social
- Media Skills
- Programming Skills

Most jobs now require the use of computers, mobile devices or software applications in some capacity. Some employers will require prior knowledge or experience with specific applications, while others will offer on-the-job training. If you have a working knowledge of commonly used software, you may be able to more easily learn how to use new programs.

Other Skills you may have:

- Problem Solving Skills
- Decision Making Skills
- Analytical Skills
- Strategic Planning Skills
- Networking and Relationship Building Skills

Specialist Skills

Have you worked in retail or hospitality?

Are you a joiner, an electrician or a plumber?

Do you have specialist skills in Project Management, Research, Recruitment or HR?

These and many other skills can be used in a new career in Health and Social Care.

See where your transferable skills can take you:

[HNY Careers pathway](#)

[HNY Careers Hub](#)

[Every Day is Different](#)

[NHS Jobs](#)